

Upper Midwest Region of Narcotics Anonymous
4th Quarter Minutes-2018

4th Quarter Meeting

- **Ramada, 3333 13th Ave S, Fargo, ND 58103**
- **10:00am on November 11th, 2018**

1st Quarter Meeting

- **Gladstone Inn, 111 2nd St NE, Jamestown, ND 58401**
- **12:00pm on February 9th, 2019**

- 15 Addicts present: Amanda G., Sly W., Brandon F., Roxane G., Russ E., Megan J., Erica R., Brian D., Grace M., Jarid G., Julie S., Nicole A., Joe M., Shawn O., Richard B.

Part 1: Quorum Report and Motion to Accept Quorum

Quorum Accepted

RCM-75%

Body-50%

Part 2: Approval of Minutes

Minutes Approved

RCM- 2/0/1

Service Body- 5/0/2

Part 3: Housekeeping

Elected Positions:

Chair: Sly W. - Body: 9/0/0 RCM: 3/0/0

Regional Delegate: Nicole A. - Body: 7/0/1 RCM: 3/0/0

Regional Delegate Alternate: Shawn O.- Body: 8/0/0 RCM: 3/0/0

Secretary: Amanda G.- Body: 8/0/0 RCM: 3/0/0

Nominations:

Co-Chair- None

Regional Activities Chair- Julie S. (accepts) Nominated by Amanda G. Seconded by Brian D.
Fellowship Development Chair- None

Part 4: Reports

Chair: Sly W.

Verbal Report Given

Co-Chair: Vacant

Secretary: Amanda G.

Hello everybody, please email your reports to the regional email promptly. Updated version of the new guidelines will be in an attachment.

Amanda G.
Secretary
UMRNA

Treasurer: Roxane G.

Verbal Report in Attachment

Regional Delegate: Nicole A.

Verbal Report Given

Regional Delegate Alternate: Shawn O.

Verbal Report in Attachment

Web Resource Chair: Richard B.

Verbal Report Given

Regional Activities Chair: Joe M

Verbal Report Given

Financial Report in Attachment

Fellowship Development Chair: Vacant

LCASC RCM: Brandon F.

Verbal Report Given

LAASC RCM: Brian D.

Hello fellow addicts,

Exciting things are happening in our region, we have a new RCM team and I would like to welcome Erica R as the alt RCM while I am now the RCM, and I look forward to working with her.

Things at area are going great, we have filled some positions and the gsr subcommittee is doing great things to further provide information to GSR's or anyone that's interested in being a GSR.

Our PR committee has been working on getting more literature into the jails, so we can further carry the message to those who can't get to meetings, so we thank them for their service.

We sent Sly, Shawn, and Erica to Omaha for the multi zonal service symposium, more info on that will be coming soon.

Looking forward to seeing everyone at RSC at our regional convention.

In loving service

Brian D

Erica R

Part 5: Old Business

- Updated Guidelines
 - Cleantime Requirements??
 - Consider Banking
 - Walking into RSC needs significant time
 - We went through a section at a time and made changes the body felt were more appropriate.
 - Tabled vote until 1st Quarter

- More User Friendly Software for Website
 - Can we still keep our domain name if we leave Dreamcast?
 - WordPress is being used alot.
 - Still need to do alot more research

Part 6: New Business

- Mailing Addresses needed from RCMS
- Regional Activities Vacant
 - Spiritual Refreshment coming up and needs to be starting the planning process
 - Motion 1 Made

Part 7: Voting

Motion 1: That Julie S. will be the single point of accountability for planning Spiritual Refreshment 2019.

Intent: To move forward with business.

Made by: Roxane G.

Seconded by: Shawn O.

Motion Passed: 7/0/0 Body Vote 2/0/0 RCM Vote

Bid Form

Name of Host Entity

Relation to the Upper Midwest Region within the service structure

Year(s) to be considered

Proposed Theme for Convention

Possible theme graphics, merchandising ideas, ect.

Proposed facility (name, address, phone, website)

Description of location(s) (nearby highways, nearby attractions or features)

Basics of location(s) (#of rooms, types of rooms, price per room and/or per person, banquet prices, other facility charges- like coffee, taxes ect.

Room sizes and prices for meetings, workshops, entertainment, ect

Special amenities offered (Pool? Restaurant? Activities for Children? Karaoke? Casino? Bar?)

Name (first and last), clean date, phone, email, and service resume of Host Chairperson and Vice-Chair

Name(first and last initial), clean date, phone, and email of all other committee members

(Be sure to attach service resumes of Chair and Vice-Chair, and include any Letters of Support, on separate pages)

NA Service Resume Upper Midwest Region of Narcotics Anonymous RSC Approved 05/09/2009

Name: _____ **Clean Date:** _____

Address: _____ **Phone:** _____

Please list all the group, area, regional, and world service positions you've held that you consider relevant to the position to which you are nominated. Please include the positions served within the past five years and approximate dates of service for each position: _____

If you have not completed a term or have been removed from a service position in the last five years, please explain: _____

What resources do you believe you can bring to the position to which you were nominated? _____

What life experiences (i.e. school, work, volunteer, ect.) have you had that you believe will help you serve in the position to which you are nominated? _____

Have you read the job description and are willing to fulfill the necessary commitment? _____

Please include any other information you consider relevant. _____
