

Upper Midwest Region of Narcotics Anonymous
3rd Quarter Minutes - 2017

3rd Quarter Meeting

- Lewis and Clark Area Campout, Menoken Grove Campground, Menoken, ND
- 10:00am on July 30th, 2017

4th Quarter Meeting

- Ramada, 3333 13th Ave S, Fargo, ND 58103
- 10:00 am on November 12th, 2017

14 Addicts present: Tina R., Jeremy T., Sly W., Amanda G., Nicole A., Shawn O., Evan J., Richard B., Josh S., Brandon F., Andrew B., Jeremiah W., Emberlie A., Joshua E.,

Part 1: Quorum Report and Motion to Accept Quorum

Quorum Accepted

Part 2: Approval of Minutes

Minutes Accepted

Part 3: Housekeeping

Meeting Place: Lewis and Clark Area Campout, Menoken Grove Campground, Menoken, ND

Elected Positions:

Secretary- Amanda G

Positions Open for Nomination:

Fellowship Development Chair

Chair

Co-Chair

Nominations:

N/A

Part 4: Reports

Chair: Jeremy T.
2017-3rd Quarter
Chair's Report

Verbal Report Given

Co-Chair: Sly W.
2017 – 3rd Quarter
Co-Chair's Report

CO CHAIR REPORT
July 2017

About all I have is that I have been in contact with a few local T.V. Station and Paul about the PSA. Paul is having some computer issues. He will get us a few copies of the PSA asap in different formats

[WDAY](#) waiting to see what format need

KVRR no response yet

Prairie Public Broadcasting = Does not do PSA but do

Hello Sly,

Your message was forwarded to me. We do not offer free PSAs, however we do offer maximum 30-second Non Profit Announcements at a reasonable cost--\$9 per NPA broadcast on our statewide radio network. Minimum is 20 announcements, so that would be \$180. Please contact me if you would like to explore this.

Thanks,

Russell

Here's a little more information. We have a maximum of 3 per day. Think about what period you want them to run. We can do 1, 2, or 3 per day, scheduled 1 to 7 days per week--whatever fits your needs and budget. Simply multiply the total number of NPAs times \$9.

There are some FCC rules regarding language. Basically, the announcement needs to be informational, not promotional. It can have no call to action as in an advertisement. Once we work out the details, I can draft an agreement for final approval. Then we will send an invoice after they start. If you want to run for a period of months, we can invoice monthly.

Radio coverage is virtually all of North Dakota and parts of Minnesota and Montana. The public radio audience is educated and affluent, with many in leadership positions in businesses, non-profits, education, and government.

Coverage map and NPA rate sheets are attached for reference. Feel free to call my cell if questions arise during your committee meeting.

Thanks,

Russell

Midco

[Public Service Announcement Request Form - Midco.com](https://www.midco.com/about/public-service-announcement-request/)

<https://www.midco.com/about/public-service-announcement-request/>

1.

Public Service Announcement Request. Home · About ... To request that your organization be considered for a **PSA**, please complete the following form. A Midco Aberdeen. Bismarck. Brookings. Devils Lake. Dickinson. **Fargo**. Grand Forks.

If available, please upload a copy of your organization's IRS 501(c)(3) Certificate of Designation

I don't know if not enter this has held up them contacting us. I have summated 3 emails to them though last one being on 7/27/ I also have contacted by phone still no returned calls

Do we have audio for radio stations:
me

Secretary: Tina R. (acting)
2017 – 3rd Quarter
Secretary's Report

Verbal Report Given

Treasurer: Shawn O.
2017 – 3rd Quarter
Treasurer Report

Verbal Report Given

Regional Delegate Team: Nicole A. and Shawn O.
2017 – 3rd Quarter
RD Report

There are 3 IDTs that were issued, atmosphere of recovery in service, how to use guiding principles, and applying our principles to technology and social media. Please let Shawn and I know if the areas are interested in having us preform any of these workshops.

Shawn and I have finally decided that the best fit zonal forum for our region would be the Rocky Mountain zonal forum. RCMs please bring back to your areas and have this discussion. The next zonal forum will be in Billings Montana on December 1st. They will be going over the car together with a world board member. We attended the forum in Denver on July 21st and 22nd. We did workshops on PR, social media, future of WSC, and rural recovery. Formal business consisted of updating their website, planing the next forum, and informal business where I brought up discussion on the motion we will be voting on today. One thing that I got from the social media workshop is this website called zoom. A member from the Montana region has been trying to get an online meeting for people in rural areas going. It is only \$15 a month and holds up to 50 people in a meeting. The only person that pays for it is the individual hosting the meetings. We could maybe use this to host virtual regional meetings or maybe just regular Na meetings in our region for people in rural areas.

Shawn and I received a paper copy of a guide to world services along with a few other things from world. I have yet to get on the discussion board but will be working on it.

Nicole A

Web Resource Chair: Richard B.

2017-3rd Quarter

Web Resource Chair

Good Morning Team

The website is doing well. No major updates, just minor corrections to meetings locations and time and the meeting list. I attended the last LAASC and set up a person of contact to ensure all the information for their area is up to date and correct. Since we last met there has been 1658 views. There has been a spike in the "Meetings" page and I contribute that to the ability to get driving directions to any meeting in this Regions.

As directed we have set up a FB page and started the paid boosting. Sly will speak to that as she have to most knowledge on this subject.

Richard B.

Activities Chair: Richard B.

2017 – 3rd Quarter

Regional Activities Chair Report

Good Morning Team

When all the numbers settled in from Spiritual Refreshment the committee kicked backed \$1107.93 to the main account. Our accounts now has 1512.94 Since we last met the committee with the help of LA Activities Committee put on a day long Kickball event. During this event we fed around 50 people and 6 teams show up to play. The event went well and if next years committee decides to do it again the support from addicts in the region will be there. Planning for the this year's convention is going well. We have ordered Pre-sale hoodies and are in the process of selling them through out the region. We have picked both speakers for the event and arranging travel for them. All the workshops have been filled. This year we are bringing in a comedian named George out of Daytona Beach Fl as the main entertainment for the event. We meet every other Sunday at the Red Raven in Fargo and would welcome anyone who would like to attend.

Respectfully

Richard B

[928-308-0349](tel:928-308-0349)

Fellowship Development Chair: vacant

2017 – 3rd Quarter

FDC

UMRNA

LCASC RCM: Brandon F.

2017 – 3rd Quarter

LCASC

Verbal Report Given

Brandon F.

LAASC RCM: Evan J.

2017 – 3rd Quarter

LAASC

Verbal Report Given

Evan J.

LAASC RCM

Upper Midwest Region of NA

Part 5: Old Business

- Clean Time Requirement (Motion 2 Tabled from Q2 2017)
 - o At this time only Activities Subcommittee has clean time requirement, not regional executive members.
 - o Would it be more beneficial to create for executive committee?
 - Too time consuming in regards to voting?
 - o 4th Concept taken into account
 - o Should there be cleantime suggestions?
 - o
- Picking a Zone
 - o RD and RDA went to Colorado (Rocky Mountain Zone) in July
 - Feel this is the best fit for Region
 - o Have grasp on rural recovery
 - o Hold online meetings
 - o No formal positions
 - o Wants to be a place for regions to come together, not a level of service
 - o Will meet again in December
 - o RD/RDA would like RCMs to bring back to Areas
 - They will be at Area meetings to answer any questions
 - Will get brought back to Region after Area discussions
- Motions 3 & 4
 - o Motions tables from previous Quarter
 - o Motion originators feel ready “as is”
 - o Another Region prepared to second
 - o L & C Reviewed
 - o Concerned still stands on Motion “as is”
 - How will this affect NA on world level?
 - Is it rushed and has it been reviewed enough?
 - o Both Areas have approved

- Motion has not been condensed
 - World Board motions have a word limit

Part 6: Open Forum and New Business

- CBDM
 - Everyone has a voice/vote
 - Would replace Roberts Rules
 - Would need a strong facilitator
- Facebook/Webpage
 - Amount of effort VS. yielded results
 - High Maintenance
 - Does it need guidelines?
 - Is it a redundant service?
 - Still has \$100 funded towards it
 - Currently attached to a personal account
 - Would need to attach to a “non personal account”
 - If would like to continue would need to put in to budget
- FDC
 - Been vacant for an extended time
 - Should document including duties be created?
 - A lot of manual work
 - Should this be two smaller positions?
 - What can we do as individuals?
 - Should this be more of a Resource Position to the two Areas?
 - How much falls on Region VS. Areas?

Part 7: Voting

Motion 2: In the UMRNA Guidelines in Appendix C to eliminates lines 5.1.1, 5.1.6, 5.2.1, and 5.3.1. (the only clean time requirements in our guidelines.)

Intent: To make these positions consistent with all other positions in UMRNA. Also to rely on our 4th Concept which states: Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.

Made by: Richard B.

Second by: Sly W.

Vote: 4/2/2 **RCM Vote:** 1/1/1 **Motion Passes**

Motion 3: Attached

Intent:

Made by:

Seconded by:

Vote: 5/2/1 **RCM Vote:** 3/0/0 **Motion Passes**

Motion 4: Attached

Intent:

Made by:

Seconded by:

Vote: 5/2/1 **RCM Vote:** 3/0/0 **Motion Passes**

Part 8: Service Resumes for Nominated Positions

Appendix D

NA Service Resume Upper Midwest Region of Narcotics Anonymous RSC Approved 05/09/2009

Name: _____ Clean Date _____

Address _____ Phone _____

Please list all the group, area, regional and world service positions you've held that you consider relevant to the position to which you are nominated. Please include the positions served within the past five years and approximate dates of service for each position.

If you have not completed a term or have been removed from a service position in the last five years, please explain.

What resources do you believe you can bring to the position to which you were nominated?

What life experiences (i.e. school, work, volunteer, etc.) have you had that you believe will help you serve in the position to which you are nominated?

Have you read the job description and are willing to fulfill the necessary commitment?

Please include any other information you consider relevant.

Bid Form

Name of Host Entity

Relation to the Upper Midwest Region within the service structure

Year(s) to be considered

Proposed Theme for Convention

Possible theme graphics, merchandising ideas, etc.

Proposed facility (name, address, phone, web site)

Description of location(s) (nearby highways, nearby attractions or features)

Basics of location(s) (# of rooms, types of rooms, price per room and/or per person, banquet prices, other facility charges – like coffee, taxes, etc.)

Room sizes and prices for meetings, workshops, entertainment, etc.

Special amenities offered (Pool? Restaurant? Activities for Children? Karaoke? *Casino? Bar?*)

Name (first and last), clean date, phone, email, and service resume of Host Chairperson and Vice-Chair

Name (first and last initial), clean date, phone, and email of all other committee members

(Be sure to attach service resumes of Chair and Vice-Chair, and include any Letters of Support, on separate pages)