

Upper Midwest Region of Narcotics Anonymous
1st Quarter Minutes - 2017

1st Quarter Meeting

- Red Raven Espresso Parlor, 916 Main Ave, Fargo, ND 585103
- 11:00am on March 5th, 2017

2nd Quarter Meeting

- Fair Hills Resort, 24270 Co Hwy 20, Detroit Lakes, MN
- 10:00am on May 28th, 2017

- 16 Addicts present: Richard B., Otis M., Sly W., Paul S., Shawn O., Nicole A., Alex R., Evan J., Tina R., Josh S., Brandon F. and Jordan R.

Part 1: Quorum Report and Motion to Accept Quorum

Quorum Accepted

Part 2: Approval of Minutes

Minutes Accepted

Part 3: Housekeeping

Meeting Place: Red Raven Espresso Parlor, 916 Main Ave, Fargo, ND 585103

Elected Positions:

none

Positions Open for Nomination:

Fellowship Development Chair
Web Resource Chair
Secretary
Treasurer

Nominations:

Secretary – Shawn nominates Otis M. (accepts)
FDC – Shawn nominates Alex (declines)
Treasurer – Sly nominates Shawn O. (accepts)
WRC – Shawn nominates Richard (accepts)

Part 4: Reports

Chair: Jeremy T.
2017-1st Quarter
Chair's Report

emailed

Chair
UMRNA

Co-Chair: Sly W.
2017 – 1st Quarter
Co-Chair's Report

Secretary: Tina R.
2017 – 1st Quarter
Secretary's Report

Verbal Report Given

Tina R.
Secretary
UMRNA

Treasurer: Shawn O.
2017 – 1st Quarter
Treasurer Report

I would like to take this time to thank Jeremy and Tom for their service as the RD team. Thank you. I would also like to thank Paul, Brock, Wes, Richard, and Tina. You guys have done a great job and thank you for your service.

Not much to report on the main account since "Service Works" except the LAASC donation. I must apologize for the minutes in the minutes are last year. You should have this year's budgets in front of you. The first one is the same as last year except for under Executive Committee: I change the PO box fee from \$56 to \$60. The second one under Executive Committee I changed the PO Box fee from \$56 to \$60. I have noticed that hotel prices have gone up, so I changed \$300 to \$450 for lodging. Under Web Resource I added \$400 for a computer that would stay with the Web Resource Person. Under FDC: I have noticed that we are going through starter kits, which is awesome, so I changed the \$300 to \$600. And the RD budget I added an additional \$1000 if they are going to neighboring regions for Zonal Forum meetings.

Thank you for letting me serve you,

Shawn O.
Treasurer
Upper Midwest Region of NA

Regional Delegate Team: Nicole A. and Shawn O.
2017 – 1st Quarter
RD Report

Hello everybody,

This is my first report as Alt. RD. Jeremy forwarded an email from Tim Smith who was newly elected on the World Board in 2016. As a part of his responsibilities is to improve the communication between our Region and NAWS. Through this contact, we have a direct contact with the World Board, we can share information and ideas and discuss any issues to better serve our fellowship.

He goes on write that he is looking forward to gathering important information from us on the issues of concern in our Region and the action items resulting from the WSC this past April/May.

I did contact him and we talked for a while and I told him I was new to this position and had a lot of research to do, but I would contact him in the future.

NAWS brought back the "Basic text book-1" and "It Works How and Why" on audio CD. They are available in the store online at www.na.org.

Thanks to Nicole I've been added to RMFNA Google Groups, It's mostly about hotels and flights for their next Zonal Meeting in Denver July 21st – 23rd.

Closer to home "Service Begins with Me" will be April 11 and they will have a Zonal Meeting at that. I haven't heard any details yet, but when I do, I will pass that information out.

Thank you for letting me be of Service
Gratefully your Alt. RD. Shawn O.

Shawn O.
Regional Delegate Alternate
Upper Midwest Region of NA

Web Resource Chair: Richard B. (acting)

2017-1st Quarter

Web Resource Chair

Good morning team,

Verbal Report Given

Thank you for the opportunity to serve.

Richard B. (acting)

Web Resource Chair

UMRNA

Activities Chair: Richard B.

2016 – 1st Quarter

Regional Activities Chair Report

Verbal Report Given

Richard B.

Regional Activities Chair

Upper Midwest Region of NA

Fellowship Development Chair: vacant

2016 – 1st Quarter

FDC

UMRNA

LCASC RCM: Brandon F.

2017 – 1st Quarter

LCASC

We had our last ASC on January 21st 2017. We had some elections take place.

ELECTIONS: Steering Committee-Chair is open, Co-Chair-Coler, Secretary-Bridget, Treasurer-Saul, RCM-Brandon F, ALT RCM-is open
Sub committees: PI-Tom G., Activities-is open, H&I-is open also.

We have had a hard time getting GSR's to attend from Bismarck, but also struggling to even get the GSR positions filled. There is a new meeting being held in Rugby. It is "Never Forgotten" on Monday's, from 8-9:30pm at the Heart of America Medical Center in the Auxiliary Board Room. They said to use the Emergency Room entrance to find the meeting. A contact is Joni M. and her number is 701-681-9568. Minot is now reforming their groups into one group. Minot's new group name is "Unity Group" and the GSR is Kory. They have been working on getting everything in order and it is still in the works to get group positions filled and sorted out, but they are excited to see how it works out for them. We are going to be updating our meeting list now that there are some changes to it. That was really the only new business we had. Our treasurer has some transactions to straighten away so we don't have a for sure number of what we have in our bank account but we are in good shape for everything we need.

We will be having our meeting crash on February 17th in Washburn at United Methodist Church at 7pm. It is on a Friday night, but the last time we went it was a good turn out and they were very thankful for us showing up and supporting.

Jamestown will have pizza and bowling night on Saturday February 11th at 6pm at Buffalo Lanes.

Minot will have more information out but for now they are planning on their "Chili Cook-off" on March 18th at Our Redeemers Church around 4pm. They will get a flyer out for it.

Our next ASC will be held in Minot they same day as the chili cook-off. It will be at noon.

Thank you for letting me be of service!

Brandon F.

LCASC RCM

Upper Midwest Region of NA

LAASC RCM: Evan J.
2017 – 1st Quarter
LAASC

Verbal Report Given

Evan J.
LAASC RCM
Upper Midwest Region of NA

Part 5: Old Business

- Budgets
 - o Should Web Resource Chair computer be a line item or motion
 - Motion A made
 - o Should RD team, FDC, and Executive Committee have budget increase
 - RD Budgets
 - o Zonal attendance
 - FDC
 - o Going over budget on line items
 - o Not all budget lines being used fully
 - o Reallocate funds rather than allowing more
 - Executive
 - o Lodging/Gas increase
 - \$50.00/year increase to accommodate

Part 6: Open Forum and New Business

- o Implementing Inventory
 - Mentoring List
 - o Secretary has only received one entry thus far
 - PSAs
 - Web Outreach/Facebook
 - o Would it fall under FDC or WRC
 - o What type of ad
 - o Will need image/gif created
 - Motion to Table until 2nd Quarter Meeting 8/0/0 (RCM)
- o Plan for Web Continuity
 - Area brought concern of website not being updated
 - o How will the website continue to be updated when access to computer is limited
- o Picking a Zone
 - RD to come and present info for a vote

Part 7: Voting

Motion A: For the Region to buy a computer and software for the Web Resource Person with a budget of \$400.00

Intent: To keep a computer and software with the region

Made by: Shawn O.

Seconded by: Brandon F.

Motion Passes, 4/0/3

Motion 2: To approve budget with amended changes

Intent: Allow continuity of services

Made by: Shawn O.

Second by: Richard B.

Motion Passes, 5/0/2

Part 8: Service Resumes for Nominated Positions

Appendix D

NA Service Resume Upper Midwest Region of Narcotics Anonymous RSC Approved 05/09/2009

Name: **Otis M.**

Clean Date **07/12/2014**

Please list all the group, area, regional and world service positions you've held that you consider relevant to the position to which you are nominated. Please include the positions served within the past five years and approximate dates of service for each position.

GSR, Vice Chair of Tuesday Night HOW group; Literature Chair and Literature distribution

If you have not completed a term or have been removed from a service position in the last five years, please explain.

Distribution Literature and literature was too much so I have a committee member that was willing to help me with it so I could focus more on the literature chair position.

What resources do you believe you can bring to the position to which you were nominated?

Willingness to learn and be of service

What life experiences (i.e. school, work, volunteer, etc.) have you had that you believe will help you serve in the position to which you are nominated?

Willingness to learn from the previous secretary and attention to detail.

Have you read the job description and are willing to fulfill the necessary commitment?

Yes, with a great teacher

Please include any other information you consider relevant.

I will do the job to the best of my ability.

Appendix D

NA Service Resume Upper Midwest Region of Narcotics Anonymous RSC Approved 05/09/2009

Name: **Shawn O.** Clean Date **03/23/2009**

Please list all the group, area, regional and world service positions you've held that you consider relevant to the position to which you are nominated. Please include the positions served within the past five years and approximate dates of service for each position.

GSR: Stepping Stones 2014-2015

Chair: Mixed Nuts 2015-2016

Area Service Committee: Secretary 2015-2016; Vice Chair 2016-Current

Treasurer(Regional): 2016- Current

If you have not completed a term or have been removed from a service position in the last five years, please explain.

N/A

What resources do you believe you can bring to the position to which you were nominated?

I have experience at the addict, group, area and regional level and have a willingness to serve, learn and share.

What life experiences (i.e. school, work, volunteer, etc.) have you had that you believe will help you serve in the position to which you are nominated?

I have always had leadership roles in my work career. With my military service history I am able to learn information quickly and keep a level head under stress.

Have you read the job description and are willing to fulfill the necessary commitment?

Yes.

Please include any other information you consider relevant.

Grateful to this program and want to give back.

UMRSC APPROVED BUDGET 2017

\$2,200 is Prudent Reserve for 2017

Executive Committee:

\$1,750.00	Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)
\$350	Chair
\$350	Vice Chair
\$350	Secretary
\$350	Treasurer
\$350	Activities Chair
\$200.00	Rent for RSC (\$50 for each)
\$120.00	Miscellaneous (Postage and papers)
\$60.00	PO Box fee
\$25.00	Check printing
\$2,155.00	Total for Executive Committee

Web Resource Person:

\$250.00	Payment for Website (For Two Years)
\$15.00	Domain Name for Site
\$450.00	Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)
\$400.00	Computer for the Web Resource Person (one time)
\$1,115.00	Total for Web Resource

FDC:

\$300.00	Group Starter Kits
\$150.00	Literature Order
\$600.00	Travel to FDC Meetings
\$400.00	Lodging if Appropriate
\$200.00	Workshops & Supplies
\$250.00	Participation in Public Events
\$150.00	Miscellaneous Expenses
\$350.00	Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)
\$2,400.00	Total for FDC

RD Budget:

\$2,200.00	MZF's for 2017
\$400.00	Workshops 2017
\$700.00	Preapproved Travel/Lodging to/from RSC (Sect. III Part C. 1)
\$350	RD
\$350	RDA
\$1,000.00	Travel and Lodging for AD WSC 2018
\$4,300.00	Total of RD Team for 2017

Appendix D

NA Service Resume Upper Midwest Region of Narcotics Anonymous RSC Approved 05/09/2009

Name: _____ Clean Date _____

Address _____ Phone _____

Please list all the group, area, regional and world service positions you've held that you consider relevant to the position to which you are nominated. Please include the positions served within the past five years and approximate dates of service for each position.

If you have not completed a term or have been removed from a service position in the last five years, please explain.

What resources do you believe you can bring to the position to which you were nominated?

What life experiences (i.e. school, work, volunteer, etc.) have you had that you believe will help you serve in the position to which you are nominated?

Have you read the job description and are willing to fulfill the necessary commitment?

Please include any other information you consider relevant.

Bid Form

Name of Host Entity

Relation to the Upper Midwest Region within the service structure

Year(s) to be considered

Proposed Theme for Convention

Possible theme graphics, merchandising ideas, etc.

Proposed facility (name, address, phone, web site)

Description of location(s) (nearby highways, nearby attractions or features)

Basics of location(s) (# of rooms, types of rooms, price per room and/or per person, banquet prices, other facility charges – like coffee, taxes, etc.)

Room sizes and prices for meetings, workshops, entertainment, etc.

Special amenities offered (Pool? Restaurant? Activities for Children? Karaoke? *Casino? Bar?*)

Name (first and last), clean date, phone, email, and service resume of Host Chairperson and Vice-Chair

Name (first and last initial), clean date, phone, and email of all other committee members

(Be sure to attach service resumes of Chair and Vice-Chair, and include any Letters of Support, on separate pages)